TRIO Workshops

All Zoom workshops will be held at this Zoom link: https://umsystem.zoom.us/my/sass.workshops
Meeting ID: 977 840 6648

TRIO Workshops

[TRIO Series] Getting Involved
Tuesday, February 1st 11:00am - 12:00pm
Zoom
Learn about the student organizations, fraternities & sororities, leadership programs, service programs, diversity & cultural programs and campus programs that UMSL has to offer. Presented in partnership with the Office of Student Involvement.

[TRIO Series] Financial Literacy
Monday, February 7th 10:00am - 11:00am
Zoom
Tackle school and money decisions with confidence thanks to expert tips and help from the UMSL Student Financial Services. In this workshop, you will enhance your understanding and improve your financial literacy. Presented in partnership with UMSL Financial Aid.

[TRIO Series] Things I Wish I Would Have Known
Tuesday, February 15th 9:00am - 10:00am
Zoom
You have made it through the first couple of weeks of school. It is not too late to learn things you wish you would have known. Take these tips and advice with you until you graduate!

[TRIO Series] Money Management & Budgeting
Wednesday, March 16th 11:00am - 12:00pm
ABH 103
Do you know how to budget your money? Are you wanting to save your money for a big purchase? Come learn about budgeting and money management skills. Presented in partnership with UMSL Finance

Friday, March 4th 10:00am - 11:00am
107 Lucas
Have you ever wondered what employers are looking for in potential candidates? This workshop will help you use your college experiences to develop career competencies. Presented in partnership with Career Services.

[TRIO Series] Resume Workshop
Friday, April 8th 11:00am - 12:00pm
107 Lucas
Is a job hunt in your future? Join us as we discuss tips for creating a resume based on the experience you already have! Presented in partnership with Career Services.

[TRIO Series] Time Management
Wednesday, March 23rd 9:30am - 10:30am
Zoom
Does it seem like the first half of the semester has flown by and you didn’t even realize it? Don’t worry, you can learn how to successfully maximize your time for optimum success for the second half of the semester.

Friday, April 22nd 10:00am - 11:00pm
107 Lucas
Joining by Rachel Boehlow. Come and learn about behaviors necessary to be successful in preparing for an interview! Presented in partnership with Career Services.

[TRIO Series] Managing Stress
Wednesday, April 27th 10:00am - 11:00am
Zoom
Take a breather and learn several ways to manage stress and release the bad vibes students may experience before preparing for finals week.