**Reviewing Your Life Purpose**

To review your true purpose in life, in the state of a detached observer, answer the following questions:

1. Look at your lifeline up to this point of time and note what have been the main motivating themes at each stage. E.g. Ages 6 - 12yrs: Need for love and recognition. Ages 13 -18: Search for identity and adventure. Ages 19 - 30: Pursuit (quest) for wealth and importance. Ages 30 - 40: Search for meaning and understanding, etc.

2. What is the title of the present chapter of your life? E.g. 'Consolidation (strengthening) of New learning' or maybe 'Confusion and surrender’, 'Search for Truth' or perhaps 'Winning at last'.

3. What do you feel is the next important phase in your life? What is the title of this next chapter of your life?

4. What do you feel is your most important quality or virtue that is especially valuable or useful not just to you but also to many others.

5. Imagine for a moment that everything that has happened in your life has been training you for some special role that lies in front of you now. In what area is this most likely to be?

Now reviewing the answers to the above questions find the true purpose of your life.