Gratitude!

“Develop an attitude of gratitude, and give thanks for everything that happens to you, knowing that every step forward is a step toward achieving something bigger and better than your current situation.”

– Brian Tracy

“The essence of all beautiful art, all great art, is gratitude.”

– Friedrich Nietzsche

 “If having a soul means being able to feel love and loyalty and gratitude, then animals are better off than a lot of humans.”

– James Herriot

“Gratitude unlocks the fullness of life. It turns what we have into enough, and more. It turns denial into acceptance, chaos to order, confusion to clarity. It can turn a meal into a feast, a house into a home, a stranger into a friend.”

– Melody Beattie

“Gratitude can transform common days into thanksgivings, turn routine jobs into joy, and change ordinary opportunities into blessings.”

– William Arthur Ward

“Gratitude makes sense of our past, brings peace for today, and creates a vision for tomorrow.”

– Melody Beattie

“Gratitude is the healthiest of all human emotions. The more you express gratitude for what you have, the more likely you will have even more to express gratitude for.”

– Zig Ziglar

“It is through gratitude for the present moment that the spiritual dimension of life opens up.”

– Eckhart Tolle

“Gratitude is the inward feeling of kindness received. Thankfulness is the natural impulse to express that feeling. Thanksgiving is the following of that impulse.”

– Henry Van Dyke

“Gratitude is a mark of a noble soul and a refined character. We like to be around those who are grateful.”

– Joseph B. Wirthlin

“For me, every hour is grace. And I feel gratitude in my heart each time I can meet someone and look at his or her smile.”

– Elie Wiesel

“When we focus on our gratitude, the tide of disappointment goes out and the tide of love rushes in.”

– Kristin Armstrong

“Gratitude is not only the greatest of virtues, but the parent of all the others.”

– Marcus Tullius Cicero

“Everything we do should be a result of our gratitude for what God has done for us.”

– Lauryn Hill