Innovative & Replicable Approach To **Counseling Helps** STUDENT LOAN BORROWERS More Effectively Manage Their **EDUCATION DEBT** 

The Center for Excellence in Financial Counseling (CEFC) at the School of Public Policy & Administration, University of Missouri-St. Louis (UMSL) developed a unique, replicable student loan debt-repayment counseling program to help financially distressed borrowers. collected during a 25-month national pilot program. (\*Evaluator: Public Policy Research Center, UMSL)

The effectiveness of CEFC's approach is indicated by a third-party evaluation\* of data

1200+ Borrowers collectively owing \$65 Million in education loans

were counseled over

25-month period

Those counseled owed

Million

in federal loans

**KEY FACTS ABOUT CEFC PILOT PROGRAM** 

Those counseled owed

Million in private loans

COUNSELING

**SESSIONS PER PARTICIPANT** 80%- one session 20%- multiple sessions

Borrowers supplied data during initial

counseling session

11 % of counseled borrowers sought legal help

For Student Loan Borrowers Is So Important

Why Effective Repayment Counseling

\$1.2 Trillion In student debt loans outstanding; Of these loans, 55% are now in

repayment status\*

7 Million **Student Loan Borrowers** Are in Default\*\*

> \*\*Source: The New York Times, Aug. 31, 2015, "Why Students With Smallest Debts Have

the Larger Problem"

23% Of borrowers in repayment are delinquent\*

10.5% Of federal student loans are

in some form of deferment or forbearance\*

\$187 Billion

Total delinquent federal student loan amount\*

\$187B Federal Student Loan Delinquency"

\*Sources: Federal Reserve Bank of New York, College Board, Breitbard.com "Labor Day Shock:

Outcomes Over 57 percent responded that as a result of the

**CEFC Pilot Program** 

because they qualified for a lower monthly payment amount. **Before Counseling: After Counseling:** Only 53 percent of Over 70 percent responded that they borrowers indicated they were making their monthly student

counseling they changed their federal repayment plan

student loan payments prior to counseling.

were on time with their

options for their federal loans prior to counseling.



loan payments on time as a result of

what they learned through counseling. Over 87 percent of counseled borrowers indicated they felt better informed about their student loan repayment options.

"I wish I had found a counseling program like this sooner."

Nearly 74 percent of counseled borrowers responded

that they agreed with the statement:

Over 90 percent of borrowers responded that their student loans kept them from achieving their personal goals.

- Nearly 39 percent of borrowers responded that they knew about their repayment
- Nearly 84 percent of borrowers responded that as a result of the counseling they now trust that they will make good financial decisions in relation to their student loan debt.
- Over 66 percent of borrowers indicated they felt less stress about their student loan situation as a result of the counseling.

Distressed student loan borrowers can be helped to manage education debt more effectively, reducing default and delinquency. For more information

email: jacobsonv@umsl.edu

Learn More About This Replicable Program...

about the CEFC program and how to bring it to your community, visit: http://www.umsl.edu/~cefc/

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