



## Membership Freeze Form

I, \_\_\_\_\_ (name), wish to freeze my membership with the UMSL Recreation and Wellness Center. I understand when requesting to freeze a membership, a completed freeze form must be submitted 15 days prior to the date on which I would like to begin the freeze. (UMSL Employee on Paycheck Deduction must submit form 30 days prior to the date on which the freeze is to begin).

**Member Information:**

Name: \_\_\_\_\_  
Membership ID number: \_\_\_\_\_  
Spouse/Partner Member name (if applicable): \_\_\_\_\_  
Spouse/Partner Membership ID number: \_\_\_\_\_  
Phone Number: \_\_\_\_\_  
Email Address: \_\_\_\_\_

**Freeze Beginning Date:**

**Freeze Ending Date:**

**Reason for Freezing:**

Memberships are reactivated on the first of the month after the indicated freeze time. Members are allowed to freeze membership for a maximum of 3 months and a minimum of 1 month. Members are allowed up to 2 freezes within a calendar year. After a freeze, membership must be maintained for at least 3 months before it can be frozen again. Locker rentals will not freeze and refunds are not granted for this period, however the prepaid membership term will be extended for the same amount of time as the freeze period.

Member Signature \_\_\_\_\_ Date \_\_\_\_\_

**UMSL Recreation & Wellness Center Use Only**

Approval: \_\_\_\_\_ Date Received: \_\_\_\_\_  
Date for Freeze: \_\_\_\_\_ Date Freeze Processed: \_\_\_\_\_